

# Medical History

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ DATE of BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ BMI: \_\_\_\_\_ ALLERGIC TO: \_\_\_\_\_  
(Include meds that cause nausea, rash, diarrhea)

**Prescription Drugs:** \_\_\_\_\_ **Dosage:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**LIST ALL PREVIOUS SURGERIES**

DATE	TYPE	SURGEON

Do you use aspirin or ibuprofen (Advil) or Naproxyn (Aleve)?  
 Yes  No

**Herbal Medications / Including Vitamins**



**LIST ALL PREVIOUS INJURIES/FRACTURES**

DATE	BODY PART	WORK LOSS?

	YES	NO	AMOUNT PER DAY
<b>SMOKING</b>			
<b>ALCOHOL</b>			

**SAFETY BELT USE** (circle one) ALWAYS OCCASIONALLY NEVER

**FAMILY SOCIAL HISTORY**

Your Mother's Age \_\_\_\_\_ Your Mother's Health \_\_\_\_\_  
 Your Father's Age \_\_\_\_\_ Your Father's Health \_\_\_\_\_  
 Your Children's Ages: \_\_\_\_\_

**EDUCATION**

Years Completed: \_\_\_\_\_ Degree(s) \_\_\_\_\_

**EMPLOYMENT**

Occupation: \_\_\_\_\_  
 Years at Present Occupation: \_\_\_\_\_

How many times have you fallen in the last two years? \_\_\_\_\_

**EXERCISE REGULARLY?** YES NO (circle one)  
 If yes, describe your exercise program:  
 \_\_\_\_\_  
 \_\_\_\_\_

**HOBBIES:** \_\_\_\_\_  
 \_\_\_\_\_